

## Foundation Course -Tentative plan

Mysore Medical College & Research Institute, Mysore.

Date	Day	9 – 10 AM	10 – 11 AM	11 – 12 AM	12 – 1 PM	1 – 2	2 – 4 PM	4 – 6 PM
01	THU	<b>Freshers' day-</b>			<b>Welcome, History of MMC, overview of MBBS course orientation to pre-clinical departments, Expectation from the student, Gender Sensitisation</b>	L U N C H	<b>PTM, student grouping for mentorship</b>	<b>PTM student grouping for mentorship</b>
02	FRI	<b>Campus Tour</b> Library, Sports Ground, College, Hospital and Common areas					L U N C H	<b>Language and Computer skills Kan/Eng/ Comp. Local language module will be developed and peer assisted learning mode will be adopted. Language skills: Anatomy Department Computer skills: Digital valuation centre</b>

03	SAT	<p style="text-align: center;"><b>Senior student experience sharing</b></p> <p><b>Lifestyle of Medical student</b> MEU team+ Wardens</p> <p><b>White Coat oath</b> Dr. Sumanth</p> <p style="text-align: center;">Dr. Sumanth</p>		Kan/Eng/ Comp.	Sports and Extra curricular
05	MON	<p style="text-align: center;"><b>Stress and time Management</b></p> <p>Dr. Raveesh, Dr. Meera, Dr. MAK</p>		Kan/Eng/ Comp.	Sports and Extra curricular
06	TUE	<p style="text-align: center;"><b>Learning pattern creative &amp; innovative approach / skills</b></p>	<p>Dr. Asha Dr. Ravish Dr. Shubha Dr. MAK</p>	Kan/Eng/ Comp.	Sports and Extra curricular
07	WED	<p style="text-align: center;"><b>Orientation to 1<sup>st</sup> year M.B.B.S.</b></p> <p>Dr. Parashuram, Dr. Revathi Devi , Dr.Meera</p>		Kan/Eng/ Comp.	Sports and Extra curricular
08	THU	<p style="text-align: center;"><b>Doctor Role / Responsibility in society</b></p> <p style="text-align: center;"><b>AETCOM 1.1 panel Discussion</b></p>		Kan/Eng/ Comp.	Sports and Extra curricular
09	FRI	<p style="text-align: center;"><b>CBME and Alternate Health Systems</b></p>	<p>Dr. Hema Dr. Manjunatha</p>	Kan/Eng/ Comp.	Sports and Extra curricular
10	SAT	<p style="text-align: center;"><b>Field visit / Skill module</b></p> <p>Community Medicine + Curriculum Committee+ Anaesthesia</p>		FV/Skill module	----
14	WED	<p style="text-align: center;"><b>ATCOM Module 1.1</b></p>		Kan/Eng/ Comp.	Sports and Extra curricular
15	THU	<p style="text-align: center;"><b>'I' DAY – Student activity and celebration of I Day</b></p> <p>Personality workshop for students</p>		-----	-----

16	FRI	<b>Attitude &amp; Aptitude</b> <b>Patients and community members involved</b> Dr. Raveesh		Kan/Eng/ Comp.	Sports and Extra curricular
17	SAT	<b>Field visit / Skill Module</b>		FV/Skill module	---
19	MON	<b>Team work &amp; Leadership</b> <b>Theatre of the oppressed</b> Dr. Raveesh & Community Medicine & Surgery	L U N C H	Kan/Eng/ Comp.	Sports and Extra curricular
20	TUE	<b>Communication Skills – I</b> Dept. of Psychiatry & Dr. Sumanth		Kan/Eng/ Comp.	Sports and Extra curricular
21	WED	<b>Communication Skills – II</b> Dept. of Psychiatry & Dr. Sumanth		Kan/Eng/ Comp.	Sports and Extra curricular
22	THU	<b>Vaccination, visit to all laboratories attached to MMC&amp;RI</b> Lab Departments will coordinate		Kan/Eng/ Comp.	Sports and Extra curricular
23	FRI	<b>Ethics – I</b> Dr. Raveesh & Team		Kan/Eng/ Comp.	Sports and Extra curricular
24	SAT	<b>Field visit / Skill Module</b>		FV/skills module	---
26	MON	<b>Ethics – II</b> Dr. Raveesh & Team		Kan/Eng/ Comp.	Sports and Extra curricular
27	TUE	<b>Professionalism</b> Different departments	L U N C H	Kan/Eng/ Comp.	Sports and Extra curricular

28	WED	<b>Psycho behaviour &amp; Cultural Aspects of Health and Disease: Movies: Patch Adams, miss ever boys, Munna Bai MBBS</b> Psychiatry and Community Medicine		Kan/Eng/ Comp.	Sports and Extra curricular
29	THU	<b>Goal directed behaviour - workshop</b> Dr. MAK		Kan/Eng/ Comp.	Sports and Extra curricular
30	FRI	<b>AETCOM Module – 5, Cadaver as a teacher</b> Dr. Seema & Dr. Parashuram		Kan/Eng/ Comp.	Sports and Extra curricular
31	SAT	<b>Field visit / Skills Module</b>		Skill module	---

**Extracurricular activities: Music club, Theatre club, College magazine**

**Hours for various components:**

Orientation Module: 30 hours

AET module: 40 hours

Skills module: 35 hours

Language/computer skills: 40 hours

FV (Field visit): 8 hours

Sports: 16 hours

Extracurricular activities: 8 hours